

MÉNOCIA®

BOUFFÉES DE CHALEUR HOT FLASHES

Helps to reduce menopausal disorders
(hot flashes¹, night sweats¹ and fatigue²)
Contributes to emotional balance³

Results of the
observational
study



Do you know that 50% of women
aged 45 to 60 experience menopause symptoms?*

The most common symptoms are: hot flashes, mood swings,
sleeplessness, vaginal dryness, loss of sex drive.

Laboratoire CCD presents its innovative product **MÉNOCIA® Bouffées de Chaleur/Hot flashes**, formulated to provide a fast-acting and effective solution to menopausal disorders and backed by an observational study.



100 participants
Age: 48 years-old and over
55 years-old on average

Performed in
France. Random
and balanced
territorial allocation



Inclusion criteria

- ✓ 1 year of amenorrhoea minimum.
- ✓ Women experiencing discomfort related to menopause

Non inclusion criteria

- ✓ People on antidepressants (CI saffron)
- ✓ People with haemostasis/thyroid disorders
- ✓ People on hormone replacement therapy
- ✓ A person under non-drug therapy
- ✓ Women taking drugs with potential interactions with saffron
- ✓ Women taking drugs with potential interactions with ashwagandha
- ✓ Pregnant or breastfeeding women
- ✓ Women currently taking targeted products for the menopause in the form of food supplements, phytotherapy, homeopathy, medication
- ✓ Covid at start of or during the study



Objective:

To demonstrate the benefits of MÉNOCIA® for women with psychological or physical menopause-related disorders.



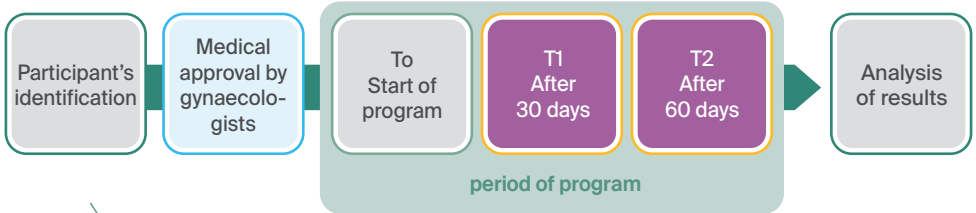
Primary endpoint:

Improvement monitoring in participants after 1 and 2 months.

OBSERVATIONAL STUDY



Observational study conducted by the Expansion Consluteam institute of studies & surveys between November and December 2023 on 100 women suffering from menopausal disorders (hot flashes, night sweats, fatigue, etc.) and who have been amenorrhoea for 1 year. Study conducted over a period of 2 months.



Mailing of the program and instructions, samples dispatch

Survey stages	Number of participants
T0 - Start of intake	100
T1 - After 30 days	100
T2 - After 60 days	100

Complete stability of number of participants

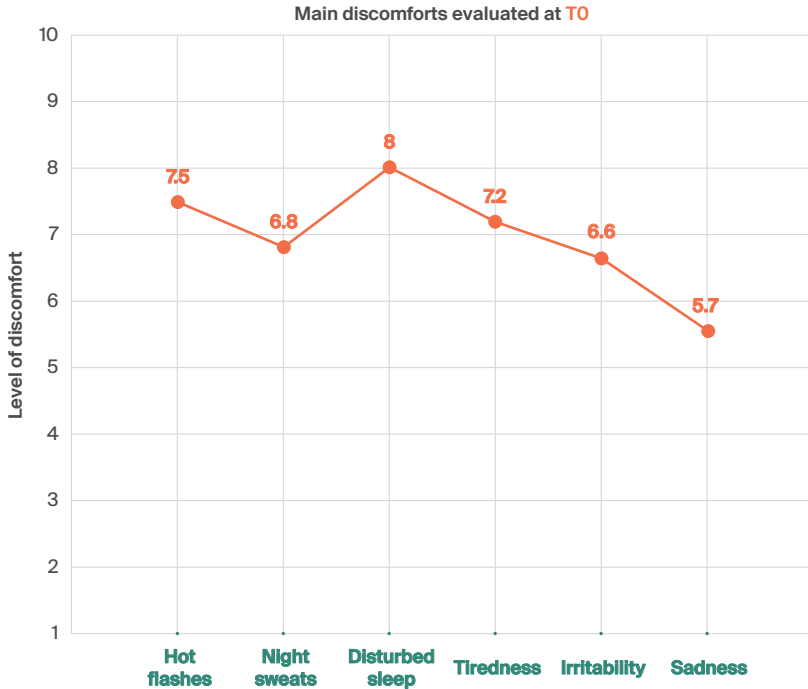
Intake



1 capsule per day, to be swallowed with a glass of water, preferably in the evening, for at least 2 months.

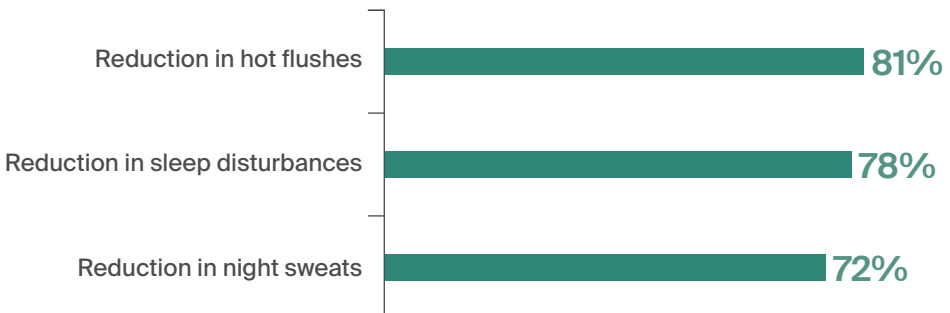
WHAT TYPE OF DISCOMFORT DO WOMEN FEEL? WHAT RELIEF DO THEY EXPECT?

Question: *What type of discomfort do you experience? (T0, N=100)*



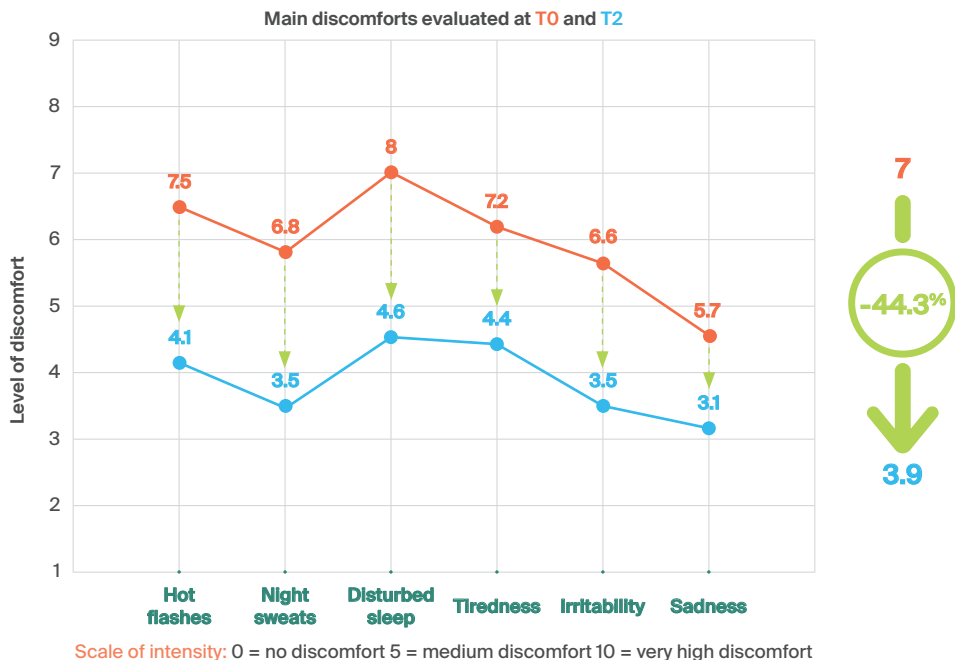
Scale of intensity: 0 = no discomfort 5 = medium discomfort 10 = very high discomfort

Question: *What kind of effects are you looking for when taking food supplements for menopause-related disorders? (T0, N=100)*



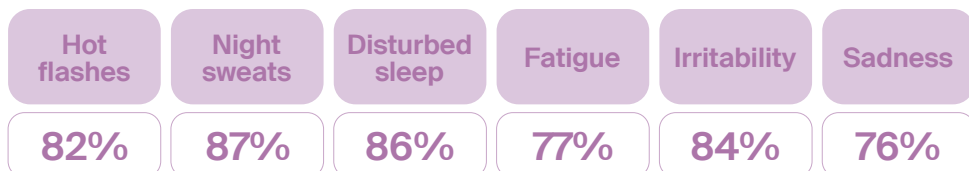
WHAT ARE THE RESULTS?

Question: By taking this product, what was the impact on your discomfort? (T2, N=100)



On average, the most serious discomfort were reduced by **44.3%*** after 2 months of taking MÉNOCIA®.

RATE OF IMPROVEMENT IN PERCEPTION OF DISCOMFORT**

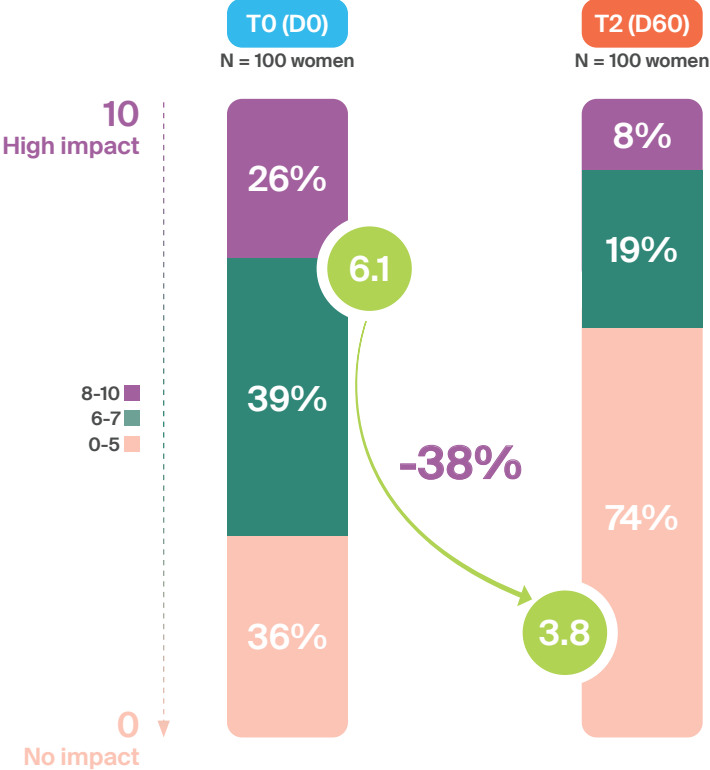


*44.3 = ((7-3.9)/7)x100

**The improvement rate measures the % of positive migration, i.e. the % of women who noticed a positive result between T0 and T2. Example : "About 9 out of 10 women notice a reduction in their night sweats" → 87% of improvement rate.

WHAT IMPACT DO MENOPAUSAL DISORDERS HAVE ON PARTICIPANTS' QUALITY OF LIFE?

Question: On a scale from 1 to 10, how much do menopausal symptoms affect your quality of life?





MÉNOCIA® reduces impacts of menopause on quality of life by **38%***.

More than **7 out of 10 women** report an **improvement** in their overall **quality of life**.

*38 = ((6.1-3.8)/6.1)x100

WHAT ABOUT PARTICIPANT'S COMPLIANCE OF MÉNOCIA®?

Question: Do you like the galenic form? Do you agree with the dosage? (T2, N=100)

	Adherence to galenic form	97%
	Adherence to dosage	99%



Recommendation

76%
would recommend

MÉNOCIA®
to a relative in the
same situation



Intention to reuse

76%
would reuse

MÉNOCIA®

Testimonials: What do women think about MÉNOCIA®? What are the feedbacks?

« It's really very effective on hot flashes. »

« This food supplement gradually reduced the intensity of the hot flashes I had. Easy to take. Provides real comfort. »

« It's very easy to take. The results are visible as from the first intakes. »

« Easy to swallow capsules, easy to take, quite effective, I can say goodbye to the sudden and intense heat sensations that bother me on a daily basis and even at night. »

A UNIQUE AND EXCLUSIVE FORMULA FOR EXPERIENCING THE MENOPAUSE SERENELY:

**250 mg Ashwagandha
KSM-66® extract**

Helps to maintain emotional
stability and mental balance
Improves the body's
resistance to stress



**30 mg Saffron
affron® extract**

Contributes to
emotional balance
Contributes to relieve from
menopause symptoms



*1 capsule/day
for at least 2 months*



1.4 mg Vitamin B6

Helps to regulate
hormonal activity
Helps to reduce fatigue



**200 µg Quatrefolic®
Vitamin B9**

Helps to reduce fatigue
Contributes to normal
psychological functions



Quatrefolic® is a registered trademark
of Gnosis S.p.A.



affron® is a registered trademark of
Pharmactive Biotech Products S.L.U.



Made in France



Laboratoire CCD is a French pharmaceutical laboratory founded in 1964 which develops innovative products for women's health, and helps improve their daily well-being in life.

→ Find more information on our website,
accessible by scanning the QR code
or directly at www.laboratoire-ccd.fr



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Food supplement are not substitute for a varied, balanced diet and
a healthy lifestyle. Respect the recommended daily dose. Keep out of
reach of young children. Not for use by children under 12. If you have any
questions about the product or the quality complaint, please send your
message to infomed@ccdlab.com

